

MURRAY COMMUNITY **NEWSPAPER**



14 James Street Pinjarra WA 6208 Ph.: 08 9531 2298 Email: admin@mhr.org.au

JUNE 2023 ISSUE NUMBER: 315

One Pinjarra resident is certainly making the most of his second chance at life.

John Coman, Pastor of Pinjarra Alliance Church and liver transplantee, recently returned from his second World Transplant Games with great success in the pool. John said competing as an Australian athlete in a home-town Games in Perth was amazing. Winning two gold and two bronze medals in the pool and completing a triathlon in the green & gold was a bonus!

John collapsed in early February 2014 with liver failure and was given only a few months to live. He was placed on the liver transplant list at Sir Charles Gairdner Hospital in March and after only 4 weeks received a life-saving transplant on April 26th. The phone call saying "we've got a liver for you" was a life-changing moment he will never forget.

John's wife Maria was also a participant at the Games representing and honouring her father and niece who were both organ donors at their passing in 2011 and 2012. She participated in the Opening Ceremony March and the Donor Family Beach Walk.

The World Transplant Games is the world's largest organ donation awareness event which welcomes transplant recipients, their families and supporters, donor families and living donors.

The local Pinjarra community were very supportive with donations from Pinjarra Bakery, Rotary Club of Pinjarra, Pinjarra Lions Club, Robyn Clarke MLA, Shire of Murray and a number of family and friends. A special gift from friends was a triathlon bike which replaced his old mountain bike.

All of John's training was done locally with swimming and gym training at the MALC and many hours of training on his triathlon bike around the bike paths of Pinjarra.

More than 1500 athletes from 46 countries attended the games, competing in 17 sports to celebrate the gift of life that organ donation gives recipients and their families.

"I am alive because of a generous donor family who gave me the gift of life in the midst of their grief at losing a family member. Everyone can make a difference by registering as a donor. It takes just one minute but has the potential to give someone like me years of extra life."

You can become a donor hero too. Register as an organ donor at the Donate Life website: donatelife.gov.au





national REAL ESTATE | Mercer Bryant

13 George St, Pinjarra P: 9531 1155

pm1@mercerbryant.com.au www.mercerbryant.com.au

WHAT'S HAPPENING June Edition

Murray District Historical	26
Pinjarra CRC Information	14
Around Town & Directory	16
Hotham Valley Railway	24
Health & Wellbeing	20
Brain Teasers	22
In the Garden	4
Positive Thoughts	11

What's happening at Murray House

June is here again and the year is rapidly moving us all forward at what sometimes feels like a crazy pace!

All that said, remember to stop and take a moment to enjoy the beautiful environment that we all live in.

June kicks off with a bang as the Pinjarra Festival will happen over the long weekend. Why not come along and enjoy the event with your family. Once again the Shire of Murray Team have worked tirelessly in the background to make this exciting event happen. A big shout out to say "thank you!" to everyone involved. The Pinjarra Festival is a great opportunity to showcase our community, so don't forget to bring your friends and extended family along, to discover the magic and fun of the event. Pinjarra Paceway have some great events happening (see opposite) go along and enjoy!!

We are also excited to share that there is the first social support network group meeting with Carer's WA on Thursday 22 June 2023. Call the friendly team at PCRC for more details. This is a great opportunity for anyone who is caring for a for a loved one, at any level. Come along and find out what is available for you.

Blister packs! Nothing to do with sore feet but everything to do with your used medical tablet foil/plastic strips. PCRC is accepting used tablet strips that will be recycled rather than go to land fill. Do your bit and bring your used tablet strips to Murray House for recycling!

Recently we delivered the mobile Pinjarra CRC services in Coolup, at the old CWA Hall. It was a beautiful morning and we were accompanied by Waalitj Foundation and SMYL Parents Next team members.

Our next stop will be in South Yunderup, during June, so don't be shy, come and say hello to our friendly team. See the flyer insert in this edition on page 18 of the paper for more information.

Calling our local businesses! The Pinjarra CRC is passionate about helping all members of our community including local business. With this in mind, Murray House is hosting an "open house" on Tuesday 20th June 2023 from 2 pm to 6 pm. Come in and see what the Pinjarra CRC can do for you! All businesses who attend will be entered into a draw for a free mini advertising package (Murray Community Newspaper advertising and large screen TV display advertising). The fabulous Jackie Campbell will also present a small session for "marketing hacks for business" at 4.30pm. All business are welcome – rsvp by 4.30pm 16th June. Don't miss this great opportunity to discover a gem in your own back yard and resources that just might help you with your business.

Our Pit Stop Sessions for local communities is still being developed however, we are very excited about how we can work with our local community groups, so keep an eye out for further updates before the end of June.

Hold the press! We will be conducting a recruitment drive for volunteers in the near future and you might find we have just what you're looking for to challenge you or help you give back to our wonderful community. Keep an eye out for more information or pop in and chat to our team at Murray House.

Anyone for scrabble or cards or Rummikub (tiles) or chess? We have a number of activities that can be enjoyed at the Centre, and we are always on the lookout for our recreational warriors!

How do we make a difference? Many people are surprised by the broad nature of our services. You don't need a concession card to access our services as we are here to help everyone in the community. Why not pop into our centre to meet Sonya who can provide an overview of what we can do for you.

You can also access other services for both Peel Community Legal Services and the Peel Volunteer Resource Centre, via Murray House.

Our facilities are available to all members of the community including individuals, local community groups and businesses seeking appropriate workspaces including offices, meeting spaces and training rooms. We also provide a professional touch with reception services and secretarial support to accommodate you and your guests. Note, nominal fees and charges do apply.

The fortnightly Foodbank ordering service continues so please call in for more details on how to order. Our community can continue to benefit by accessing vouchers to assist with their purchases, as a result of this ongoing community project. The project is a collaboration with Alcoa of Australia, Foodbank and ourselves. So, if you know someone who is doing it tough, please encourage them to contact our friendly team to assist with an order.

Don't forget you have access to **free** teleconferencing to connect you to your service providers that might be located in Mandurah – yes, we can help save you the cost and time required to travel to Mandurah or further afield. Why not pop into Murray House to find out how we can help you to access community services.

We are very pleased to announce the arrival of Chiquita, who has joined our team recently. Chiquita is a welcome addition to the organization and will provide customer service support at Murray House.

We would also like to take a moment to acknowledge the Department of Primary Industries and Regional Development (DPIRD) further as without the operational funding they provide, we could not offer the services we provide to our community. The funding allows us to provide many services for free or very low cost.

PROUDLY SUPPORTED BY







4.30 - 5.30PM HAPPY HOUR

Lunch Deal

Lasagne, tuna patties fritatta, burgers, meat pie, sandwiches, fruit platters, akes and coffee and more...

FOR BOOKINGS OF 8 OR MORE PEOPLE

Roast of the day Desert of the day

Race book between two

Pour over tea & coffee \$1 Mystery Bet

Drink Voucher (Tap beer, house wine or softdrink)



Pictures for illustration purposes and subject to change.











Pinjarra Paceway | 08 9531 1941 www.pinjarrapaceway.com.au

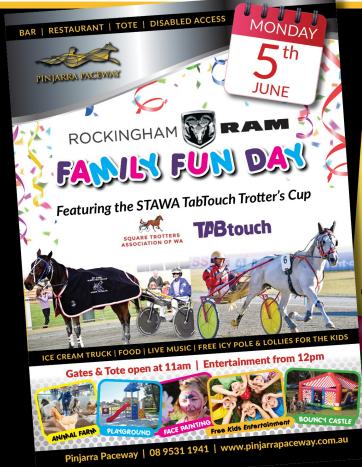














BOOKINGS PHONE: 08 9531 1941



In June, your vegie patch should be humming!

So, plant out the following asparagus, broad beans, cabbage, celery, artichoke, lettuce, onion, peas, spinach spring onions and strawberries. Flowers to plant in June include alyssum, calendula, pansy, dianthus, viola, primula, carnation, cornflower, poppy, snapdragon and stock.

Bare rooted fruit trees are now available at Nurseries to plant into your garden.

It is getting a smidge too late to plant seeds for winter vegetables, however punnets is the way to go at this time of the year.

In June plant out the following vegetables and flowers into punnets and some directly into the soil.

Garlic It is too late to plant out garlic in June. Garlic should go into the garden bed in late March to early May.	
Cabbage, broccoli, cauliflower and kale	Punnet of 8 seedlings in April and July
Onions. Brown, white and red	Punnet of each. About 70+
Carrot, parsnip, turnips and beetroot. I like to mix soil and seed 50-50 in my hand and sow these veges.	Sow directly into the ground.
Herbs should go into pots to prevent these plants taking over your garden. E.g., Mint.	
Buy Asparagus crowns and plant into a well drained garden bed that contains old chicken manure. This manure is an essential part of the asparagus growing media. Blood and bone or rooster booster is also very useful.	
Climbing peas, snow Peas, beans and broad beans	50 of each.
Try other varieties of vegetables including swede turnip, kohl rabi, radish, celeriac and celery.	
Plant out seeds of spring bulbs including anemone, daffodils, iris, tulips, ranunculus, alliums, Dutch iris, hyacinth, John Quill, crocus and freesia.	
Cottage garden flowers of delphinium, carnation, larkspur, lavender, stocks, pansy, poppy, swan river daisy and many more suitable to the Peel and Murray region. Just ask at your friendly Nursery.	
Potatoes seed potatoes as shop purchased spuds with eyes can have diseases and you do not want to take the disease into your garden beds. So purchase seed potatoes.	Buy a bag of seed spuds and plant in trenches with mobs of manurer and blood and bone.

Pests and Diseases

It is so important to check all plants in your garden during the year as the pests are out in the area having fun eating away everything you want to eat your self or to have beaut flowers.

Scale is a soft-bodied insect that protects itself with a hard or waxy cover. It sucks nutrients from its host plant. Aphids are small green, black or colourless insects that usually attack soft new growth such as shoots, buds and flowers. Aphid only live for 7 to 10 days but can cause havoc to many garden plants including roses.

Cabbage white butterfly caterpillars like to fly around the garden and are looking for leaves on brassica plants like cabbage or broccoli to lay eggs. The small yellow eggs often appear in clusters on the back of leaves. Squashing them provides very effective control. If the eggs are missed and allowed to hatch, the small green caterpillars quickly spread out across the leaf causing ragged chewed holes. As they feed, they get bigger before they pupate.

These caterpillars are very damaging to vegetables and can be hard to see.

Fruit fly or Med Fly attack soft fruit such as tomato and capsicum and most fruit varieties. It's most active in summer but may also be active from spring to autumn if conditions are warm. Fruit is attacked as it begins to ripen. The adult fly is rarely seen but its larvae are very evident. These are tiny, white, wriggling maggots, which are found through fruit causing it to rot and fall to the ground. Some will hang about during winter so keep your fruit fly traps in your trees to attract and rid your garden of these horrible critters.

Green vege bugs or stinkbugs attack fruit and vegetables and suck sap. Green vegetable bugs are attracted to many vegetables and fruit, including beans and raspberries, and may also be found on ornamental plants. As their name suggests they are green so are hard to see among green leaves and stems. The bugs are shield shaped and about 13mm long. When disturbed, they drop from the plant or fly off. If touched or squashed they emit a foul smell.

Slugs and snails are commonly encountered in vegetable gardens and are particularly damaging to young vegetables. They eat leaves and can chew small plants to ground level. They are mostly active at night and particularly after or during rain. Slimy trails on paths or around plants are an indication of snail or slug activity. If tiny, white insects fly up when you approach or touch the leaves of a plant you are seeing whitefly. Whiteflies also hide underneath leaves. This is a pest that sucks sap from plants and can weaken growth and also spread disease. They may be seen on tomatoes, brassicas and many other vegetables and ornamental plants such as fuchsias. Mealybugs are a specific type of scale insect. They often secrete a thin covering of mealy wax across their body, hence their common name. Like other scale insects, mealybugs are sucking pests that are present on fruit trees, garden plants and vegetables.

Ask at your local Nurseries as they have many products for you to look at and purchase.

For all garden pests I do not use chemicals, however Neem Oil works wonders in most gardens.

Neem oil is a vegetable oil derived from parts of the neem tree (*Azadirachta indica*), a member of the mahogany family that's native to northeastern India.

Other products you can use include Pest oils and Horticultural oils which are refined paraffin oil with an emulsifier. Making your own sprays can help in most areas of the garden such as using chilli, garlic, washing up liquid and water. Crush this in your blender leave overnight and sieve it so you only have fine material to work on, then spray onto your plants.

Or use a high pressure garden hose sprayed onto rose leaves which can remove aphids.

Check all your citrus trees for sooty mould and citrus gall wasp. The gall wasps hatch out in June so check for lumps on your tree limbs.

John Bodycoat

INTER RETIREMENT/LIFESTYLE VILLAGE BOWLING CARNIVAL

3rd May 2023

The Carnival was once again held at the Yunderup Sport & Recreation Club. Representation was widespread with competitors from Eaton in the south and Helena Valley in the north. It was unfortunate that Vibe Baldivis had to withdraw late in the day due to an attack of Covid-19 in the village.

Participants were refreshed on arrival with tea/coffee and a fine array of light refreshments prepared and set out by a team of Yunderup Club ladies.

After the introductory and welcoming talk by organiser Harry Browne, bowling got underway promptly at 9.30am. The format was a game of fours (10 ends) in the morning followed by split pairs (8 ends) through the luncheon period. There was then another game of fours (10 ends) in the afternoon. One hundred and ten bowlers, representing ten villages and the Peel Bowling & Social Club and all adorned in their club colours, graced the pristine greens on a really beautiful sunny autumn day.

The standard of bowling lived up to its normal high level with matches played in a fine competitive spirit associated with the expected camaraderie and social interaction. There were a number of very close calls and the various winners of rounds and overall had to work hard in order to achieve their successes.

Bowling completed by 3.45pm when all attending enjoyed further light refreshments prepared by the ladies. A fine cold lunch had been prepared by chef Bill Bishop with, again, the Yunderup ladies serving and clearing away. Results of the bowling competition were:

Round 1 winners (x 4)	St Ives (Team 1)	11 shots up
Round 2 winners (x 2)	Bethanie Fields Eaton (Team 1)	11 shots up
Round 3 winners (x 2)	Bridgewater Erskine (Team 1)	16 shots up
Round 4 winners (x 4)	Helena Valley	18 Shots up
Overall Team winners	•	-
3 rd position	Tuart Lakes, Baldivis (Team 3)	10 pts + 29 shots up
2 nd position	Bethanie Waters (Team 1) Pt Ken	nedy $11 \text{ pts} + 26 \text{ shots up}$
Winning Team	Tuart Lakes, Baldivis (Team 1)	12 pts + 26 shots up
Overall Village Champion	ns	•

Tuart Lakes Baldivis – presented with the Teman Communities perpetual trophy.

Dominic Stockdale representing 4 Life Physio, Pinjarra assisted with the presentations and addressed the company afterwards.

Our appreciation is extended to the sponsors of this event: Teman Communities, Serenitas Development Pty, Simplicity Funerals and 4 Life Physio, Pinjarra. Also, to all coordinators, to the team of Yunderup ladies, who worked their butts off throughout the day from 7.00am until 4.30pm and the guys who prepared the greens. Also, to the bar staff who provided the liquid refreshment throughout the day..

The whole operation ran very smoothly and was enjoyed by all as indicated by the unanimous declaration that the competition should be held again next year.

Harry Browne

Epic across Australia ride by Pinjarra RSL member, raising funds for Alzheimer's Research.

Diane Humphrey is the wife of a Vietnam Veteran and is a member of the Pinjarra RSL.

Twelve years ago, she joined the RSL's cycling group which met every Wednesday for a 20km bike ride, ending in morning tea at a local café or back at the club. Diane looked forward to these rides peddling her Kmart special and encouraging her husband Mike to try and keep up. In 2011 Diane then decided to do a charity ride of 70kms in support of Multiple Sclerosis WA. This was the longest ride she had ever attempted, which she completed raising \$2500 for MSWA in the process.

After that she was invited to join the Perth Integrated Health cycling club, where she began riding competitively at the same time still enjoying her social rides albeit on a much-upgraded bike.

From there Diane joined the local bike shop riding group, Fleet Cycles Mandurah, where she honed her cycling skills and endurance to the extent that she qualified for and competed in the 2018 UCI Gran Fondo World Cycling Championships in Varese Italy in the 60-64 age bracket.

Diane's love of cycling then took her to solo endurance riding, completing the totally self-sufficient and unsupported 1600km Great Southern Ride and 1400km Mount Magnet Ride.

Her training regime had her cycling 2600km in the last calendar year.

This year Diane decided it was time to realise a dream of hers after watching a You Tube video of an Australian cycling event while travelling on a plane.

That video was about the 2017 Indian Pacific Wheel Race, an event that travels the width of Australia from the South Mole lighthouse in Fremantle to the Opera House in Sydney, 5,475 km with 34,450 metres of climbing. It passes through the centre of Adelaide, Melbourne, and through the Victorian Alpine National Park and Kosciuszko National Park before going on to Canberra and Sydney. The riders must be totally self-sufficient. There is no support vehicle.

Diane's goal is to average 200km a day and to arrive in Sydney 28 days after leaving Fremantle, and in doing so raise \$10,000 for The Alzheimer's Research Foundation.

She will celebrate her 66th birthday as she passes through Melbourne on this epic adventure.

So far she has endured searing heat, brutal easterly winds, and rain. She has been woken by a fox while trying to get some sleep on a roadside concrete picnic table, ants when she put her sleeping bag next to their nest in the middle of the night, and had mice eat some potato chips secured in a ziplock bag she was saving for a snack while riding.

Diane will have the mountains and the cold to contend with in the back half of her ride.

At the time of this writing Diane has passed halfway and is in Adelaide one day ahead of schedule.

The Pinjarra RSL wished Diane a safe and successful journey, and was honoured to contribute \$500 toward Diane's charity, along with a further \$400 donated by individual members through her Facebook donation page.



MANDURAH ANTIQUE & COLLECTORS CLUB OF WA

2023

ANTIQUE & COLLECTORS FAIR

THE SENIORS COMMUNITY CENTRE, ORMSBY TERRACE, MANDURAH.

SATURDAY 17TH JUNE 9.00 AM - 4.00 PM SUNDAY 18TH JUNE 9.00 AM - 3.00 PM



Admission \$4 – Children Free FREE APPRAISALS DAILY

Enquiries Phone 0435 448 956



Friday 16th June, 10.00am @ Murray House. James Street, Pinjarra.



Bob Simpkins will continue on from Carol Simpkins talk the previous month, with a talk on their travels through Central America in mid-2022. Included in Bob's talk, will be some history on El Salvador; Nicaragua and Part 1 of Cost Rica.

(Part 2 of Costa Rica, Panama and the construction of the Panama Canal will be later in the year)

ST VINCENT DE PAUL SOCIETY

8-10 GEORGE STREET, PINJARRA WA 6208

Vinnies Pinjarra Emergency Relief continues to provide the Community with Emergency Relief.

If you require assistance, please call us

on **9531 2158** during Opening hours to book an Appointment.

We are open Tuesday, Wednesday, Thursdays from 9:30am to 12:30pm.

We Can assist you with:

Food Assistance

Foodbank Referrals & Foodbank Shop Vouchers

Coles & Woolworth Vouchers

Fuel Vouchers for Medical appointments & Job Interviews outside of the Pinjarra area.

Transperth 24hour Smart Rider cards.

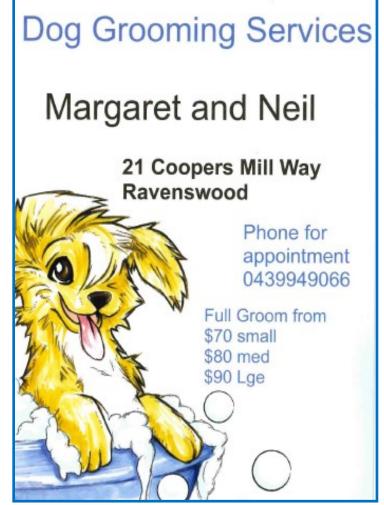
Utility Bills

Rent Assistance (Breach Notices)

Pharmacy Assistance for Medical Prescriptions (Terry White Pharmacy Only)

Optometrist Prescription Glasses.

Financial Counselling, Budgeting.



Can we help you? Can't find what your looking for?

If you would like to do or learn something that we don't have listed or not sure who to ask, then come and chat with our friendly team. If we can't help we probably know who you can speak to.

Remember you can use our computers free of charge (T&C's apply).

Computers can be used for self paced activities for those studying, logging into MyGov or other government services, undertaking research, personal job searching, accessing your emails or anything else computer related. Access is free however, there is a small printing charge.

We also hire out hot offices and training rooms – please contact our friendly team for more information. Options for long term tenancy is also available.

We can help you with scanning, emailing, copying, laminating, binding, setting up passport accounts and citizenship papers – minor fees apply. tel 08 95312298

Monthly advertising rates 2022

6.2cm x 6.6cm	\$25
12.7cm x 6.6cm	\$40
1/4 Page: 19.4cm x 6.6cm	\$60
1/4 Page: 9cm x 13.5cm	\$60
⅓ Page: 19.4cm x 9cm	\$90
Half Page: 13.4cm x 19.4cm	\$120
Full Page: 27.5cm x 19.4cm	\$200

Front or Back Page - 100% surcharge

Inserts - Not-for-profit\$95Business\$120Artwork and design\$50.00

Prices include GST

DEADLINE 3rd Wednesday of each month

University of the Third Age (over 50s) are pleased to be giving talks every third Friday of each month at **Murray House** in Pinjarra.

Next talk 16th June 10am



Murray Community News Distributors:

Landmark Waroona
Puma Petrol Station Waroona
Coolup Store
Mitre 10
Leisure Centre (Pool)
Bedingfeld
Pinjarra Medical
Pinjarra Stock feeds
Pinjarra Saddlery
Pinjarra Bowlling Club
Vibe, Pinjarra and Coolup
Belswan Village
Pinjarra Junction
Muffin Break
Jarrah Infusion
Bendigo Bank
Dome
Pinjarra Art Hub
Roger May

First National Mercer Harries

Caravan Park Western Greenery IGA Austin Lakes North Yunderup Ampol Service Station Tatham's Sth Yunderup Settlers Village Pharmacy Ravenswood Peel Zoo Pinjarra Physio Murray Library Pinjarra Doctors Terry White Chemmart Dwellingup IGA **Dwellingup Visitor Centre** Murray Shire Office Fairbridge Village North Dandalup Post Office Pinjarra Butcher

Newsagent Pinjarra

Greenhouse Real estate

Elite Eyewear





Pinny Police on the beat

Murray Community Newspaper Article – June 2023

As the Officer in Charge I don't get out on the road much, but when I do it reminds me of why I enjoy Policing. Its never dull and one day this May, something unusual happened, which gave me a good laugh.

Prior to this particular day Pinjarra Police had seen an unlicenced motorbike being ridden around town. We suspected who the rider was but could never get close enough to try and stop them.

I was on patrol with one of my Constables when we saw it parked at the rear of the Ravenswood Hotel with a helmet sitting on the seat. My partner went into the Hotel and gained some good CCTV footage of the person riding in. It clearly identified who it was. This person does not have a drivers licence, the motorbike hadn't been registered since 2014 and the tyres were bald.

The tow truck arrived to take it away for us. As we were in the process of seizing it the suspect rounded the corner of the Hotel, looked at us, turned around and walked off. We weren't too concerned as we knew who he was and could catch up with him any time.

We finished seizing the bike, grabbed the helmet and walked through the pub to find the suspect, give him his helmet and advise him that he was going to be summonsed for a number of traffic related matters.

We couldn't see him and then we looked at the Murray River and saw him driving a dinghy with crab nets in it and his mate running along the bank next to the Hotel. The suspect pulled up to the bank, his mate got in and they took off up the river like a scene out of a movie.

We haven't established yet where the boat came from. We know he turned up to the pub on a motorbike and a boat hasn't been reported as stolen.

Unfortunately for him, we know where he lives, he's still going to be charged with several offences and his motorbike will go in the crusher, the old adage you can run but you can't hide is very true.

In other news I closely monitor crime statistics to make sure Police resources are best used. Pinjarra Police work closely with the Shire of Murray and their Community Safety Rangers to keep crime as low as possible. This calendar year there has been a 67% reduction in burglaries with only 11 in our Policing sub district reported (as of 15/5/23) which is a great result. Nearly all of the burglaries that have been reported were on shops or vacant/unattended properties. Several offenders have been prosecuted.

The community can assist Police keep these numbers low by locking up, which stops the opportunists, knowing your neighbours and keeping an eye out for things that aren't usual, contacting Police or Crime Stoppers to report suspicious activity.

Mark HOWES - Senior Sergeant 8761, OIC Pinjarra Police.



Trusted Business IT Solutions Throughout the Peel Region





Managed IT Services | Cloud Services | Office 365 | Phone Systems
Backups | Antivirus | Patch Management |

Happenings at Pinjarra Arts Hub

At the time of writing, the Autumn weather is being very kind to us with lots of sunshine and warm days. Let's hope by the time you are reading this editorial the pleasant conditions will have continued. June is a very important time in the Edenvale calendar...the annual Pinjarra festival is upon us when the entire area, car parks, roads and Edenvale's grounds will be packed tight with stalls and traders offering a myriad of interesting items and tasty food for sale. Make it a date on Saturday 3rd or Sunday 4th to come and join in the fun. Pinjarra Arts Hub members will be there with a variety of craft and art for sale as well as cake stalls, plant stalls and a 'white elephant' stall where you might pick up a bargain. We will also be offering raffles for basketsful of goodies. Our craft shop will be open early for you to browse and you will be amazed at the variety and quality of the hand-made goods on offer all at most affordable prices. It's a celebration not to be missed...see you there.

PAH's classes available

Throughout the year we have a program of interesting and most satisfying workshops and classes available tailored to the talents of individual participants whether beginners of or the more experienced.

Classes and Self-Help Groups

The following classes are available on a weekly basis.

Gayle, Pottery, Mosaics, a Self-Help Group on Tuesdays 10:00am to 3:00pm. 0439 903 470

Jo, Thomas, Pottery Forming on Wednesdays, 9:00am and 12:00pm. 0408 421 439

Corrie, Pottery a Self-Help Group on Wednesdays 12:00pm to 3:00pm. 9531 4419.

Rita, Painting & Drawing Self-Help each 1st, 2nd, & 4th Wednesday. 10:00am to 2:00pm 0431 825 636

Judy, Leadlighting on Fridays 8:30am to 11:30am 9581 1894

Linda, Watercolour Painting On Fridays 1:00pm to 4:00pm 0427 094 418

Jo Wood, Print Making On Fridays 10:00am to 3:00pm 0405 725 857

Details about workshops, when available, can be obtained by contacting Sharron Officer on 0412 015 547.

For information about any of the exciting events and attractions happening at PAH, follow us on... Facebook...@PinjarraArtsHub...Internet...www.pinjarraarthubatedenvale.org/ or Tel...9531 3598.

Who's who at PAH Introducing Laurel Duffield.

Laurel is a much-valued member of Pinjarra Arts Hub and joined the group in 2014. Over the years Laurel has turned her hand to numerous styles of craftwork including patchwork, papercraft and folk art and is always on the lookout for new ways to contribute to the success of our shop.

Laurel was born in Manjimup in the South West of our state but grew up in East Victoria Park and attended both primary and high school there. Her working life began in 1960 when she entered into training at Royal Perth Hospital to become a nurse and on completion in 1963, spent a year at Sir Charles Gardener hospital. Marrying in 1964, she raised three children and now has three grandchildren and a delightful little great granddaughter who is evident in the attached photograph.

Laurel has fond memories of her mother who made most of her clothes when she was a child, either sewing or knitting and so, with experience gained at high school, Laurel continued the tradition by doing likewise for her children. Since she started at PAH Laurel has knitted many cuddly bears and has, in fact, produced a staggering 500 of them so far, though she says she's taking a break from that endeavour to pursue other things. Her card holders also number over 500 which, we are sure, make her one of the most industrious craft ladies in our group.

Laurel says she loves doing her craft and often has three or four items on the go at any one time all, of which, as she says..." Keeps me out of trouble."



Positive Thoughts

CHOOSE HOW YOU LIVE

A while ago I read a story about a man called Michael. Some people thought Michael was a bit over the top. He was always in a good mood and always had something positive to say: When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

One day one of his friends asked him, "How do you do it? You can't be positive all of the time. "Michael replied, "Each morning I wake up and say to myself, you have two choices today. You can choose to be in a good mood or a bad mood. I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or to learn from it. I choose to learn from it. Life is all about choices. You choose how you react to situations. You choose how people affect your mood. It's your choice how you live life."

Not long after this conversation, Michael was involved in a serious accident, falling about 20 metres from a communications tower. After 18 hours of surgery and weeks of intensive care, Michael was released from the hospital with rods placed in his back. After about 6 months of rehab someone asked him what had gone through his mind as the accident took place.

Michael replied. "As I lay on the ground, I remembered that I had two choices: I could choose to live, or I could choose to die. I wanted to choose to live but the expressions on the faces of the doctors and nurses made me really scared. I knew I needed to take action. One of the nurses asked me if I was allergic to anything. I said 'Gravity!' Everyone burst into laughter and the tension eased a bit. I told them that I was choosing to live and asked them to operate on me as if I was alive, not a dead man."

Michael lived, thanks to the skill of his doctors, but also because of his amazing attitude.

How we live our life is a choice and our circumstances don't have to define us.

Rev. John Coman 0402033285 Pinjarra Alliance Church Find us on Facebook



Rev. John Coman

Augustines Catholic Church

EVERYONE IS WELCOME

Dwellingup Mass 5pm 3rd Sat every month Boddington Mass 8am 1st & 3rd Sundays

<u>Telephone:</u> 9531 1227 <u>Email:</u> staugpin@westnet.com.au <u>www.pinjarracatholic.org.au</u>

St Augustine's Catholic Church

George Street, Pinjarra

Sunday Mass: 10:00am every Sunday

Weekday Services:

<u>Wednesday:</u> 9:10am Rosary 9:30am Mass, followed by morning tea & Scripture Reflection <u>Friday:</u> 9:30am Mass

Baptisms & Weddings by appointment

<u>Catechism & Sacramenstal</u> Classes

after school hours on Monday

<u>Anglican Parish of Pinjarra Waroona</u> service times

Pinjarra 8:30 am every Sunday

Waroona 10:30 am every Sunday

Dwellingup 10:30 every 1st and 3rd Sunday of the month

Coolup 5pm 1st Sunday of the month.

Our Pinjarra Op Shop is open Monday to Friday from 8.30am to 12:30pm and Saturdays from 10am to 12pm.

Our Waroona Op Shop is open Mondays to Saturdays, 9 am to midday.

Check us out on Facebook https://m.facebook.com/parishofpinjarrawaroona/



PINJARRA UNITING CHURCH

37 George St. Pinjarra

Worship 9.00 am each Sunday

Sunday School 9.00 am each Sunday of school Term

ALL WELCOME

Contact: Office— phone 08 9531 2296 Email: pinjarrauca@gmail.com 0418 932 243 9531 1244

Pinjarra Community Kitchen

In partnership with Peel Community Kitchen

EVERY TUESDAY from 11am-1pm Free lunch provided to anyone in need

Located at the rear car park of the

Alliance Church - Corner of George and Peel Street
Pinjarra Family Church, Uniting Church, Alliance Church,
Catholic Church

For more details please call : Pastor John on

0402 033 285

Thursday 22nd June 2023 10am-11.30am Edenvale, Pinjarra



Caring for a parent, spouse, child or sibling?

Join the Pinjarra social support group.



www.carerswa.asn.au



1300 227 377



Registrations essential—call 9228 7400 to book



Rural Fencing | Earthworks | Waterworks | Sand Pads - Roads | Demolition | Rubbish Removal

Office (Sandy): 0409 100 527 Graham: 0408 099 842

gsatkinscontracting@outlook.com

Waroona Carpet Care

Professional hot water extraction cleaning



Carpet cleaning

- Upholstery
- Mattresses
- Leather lounges
- Floor tile & grout
 - Stain removal

Find us on Facebook for specials or to book

waroonacarpetcare@outlook.com Karen 0482 692 273



Real Estate Settlements:

Residential, Commercial, Vacant Land & Rural
Private Sales | Subdivisions | Deceased Estates | Change of Name
Related Party Transfers including Court Orders & Transfers
Landgate Information/ Title Searches

Why am I the easier way to settle?

I am a **mobile service** which means I can come to you and **guide you through the document signing** as well as completing your Verification of Identity.

I can even come to see you on weekends!

I appreciate how stressful settling any kind of property can be and that is why I make it my job to ensure that this part of **your transaction is effortless.**

Please call Dominique on 0408 924 581 to discuss your settlement requirements.

www.pinjarrasettlements.com.au

T 0408 924 581 | E dom@pinjarrasettlements.com.au PO Box 82, North Dandalup WA 6207 ABN 12 786 828 247



Pets of Older People (POOPS) is all about reducing the stress on people over the age of 65, those receiving palliative care or people with disabilities while also improving the wellbeing of their pets.

When no alternative help is available Volunteers provide a free service by walking dogs, feeding pets or transporting them to boarding kennels or vets.

We have a growing number of people needing our services. If you have a little time available to help pet owners in your local area then please email or, for further information, admin@poopswa.org.au or go to www.poopswa.org.au.

Help us keep People & their Pets Together

HAMEL NURSERY

NATIVE TREE AND SHRUB SEEDLINGS - \$1.20

Advanced trees and Citrus

BULK ORDERS - HALF PRICE

HUGH RANGE NOW AVAILABLE

PLANT PILLS, TREE GUARDS, PLANTERS

MONDAY TO FRIDAY 9 – 4 SATURDAY am – BY APPT.

Telephone 0439 769 379 info@hamelnursery.com.au 178 ATTEIN RD. COOLUP



18 South Western Highway 97331454 Agent for







Technology training may be arranged on a 1 to 1 basis.

Call us to discuss training for Tablets, Smart phones,

Laptops. We also teach, Word, Excel, Publisher,

Outlook, at a range of levels to suit your needs.

PHONE 9531 2298 TO MAKE YOUR BOOKING

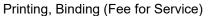
Government Online Access

Computer access for Online Inductions

Assistance Available

Scanning/Emailing (Fee for Service)

Online Passport Assistance (\$10 Australian, \$15 Overseas)





Service / Business	Frequency			
Services Available				
Atwork Australia – Disability Employment Services	Weekly Mon - Fri			
Smyl ParentsNext	By appointment			
Allambee Counselling	Weekly Tuesdays			
Waalitj Foundation	Fortnightly on Tuesdays			
Peel Community Legal Services	1st Wed of the Month 10am-2pm by Appointment			
Department of Transport , Licensing and Vehicle Registration Services and Renewals	Mon-Fri 9am-12.30pm 1.30pm-4pm			
GP Down South	By Appointment			
AMD Chartered Accountants	Weekly on Thurs by Appointment			

VIDEO CONFERENCING SERVCES AVAILABLE AT MURRAY HOUSE RESOURCE CENTRE, DETAILS AVAILABLE BY CALLING 9531 2298 OR CALL IN AND ASK OUR FRIENDLY STAFF



The Pinjarra Community Resource Centre is a TRANSWA Agent

Come in to us today and we will book any travel for you in relation to the TRANSWA Train and Road Coach Services.

Bookings for Australind and Prospector, and all points Coaches.

Bookings can be made at:

Murray House

14 James Street, Pinjarra

Enquires Only: 08 9531 2298



Shire of Murray To Reveal Its 10-Year Plan

The Shire of Murray is to set out its 10-year strategy at a public sundowner event and is inviting the community to attend. The new "Council Plan" will be revealed for the first time, giving members of the community the opportunity to hear about the vision for the Shire, and to discuss with councillors and staff.

The launch follows the most comprehensive period of public consultation in the Council's history which included:

- six community workshops, including its first-ever youth summit workshop with senior staff and student leaders from each of the area's schools
- almost 1500 responses to a community survey
- 90 internal seminar attendees
- more than 60,000 words of community ideas, suggestions and recommendations

Through the consultation the community voiced their priorities for the area in the coming years, highlighting the key areas and issues for the Council to focus on.

The results are five core performance areas, the details of which will be revealed at the launch event on June 7th, but which reflect and build on the community consultation's findings.

Shire of Murray President Cr David Bolt said "This event is one of the landmark moments in the lifecycle of a local government. "Every four years, we consult with the most important people in the Shire, the residents, and what they tell us informs the direction we take in the coming decade.

"The results of the community consultation have helped us build this new "Council Plan" which will be a keystone document for us over the next ten years."

The sundowner launch event takes place at the Pinjarra Civic Centre on Wednesday 7th June from 5.30-7.30pm. Refreshments will be provided and the event will include entertainment and a presentation on the future of the Shire of Murray.

The event is free, but registrations are essential. To register visit www.murray.wa.gov.au/MurrayPlans

Pinjarra Festival Entertainment Lineup Announced!

The first release of acts playing at the 2023 Pinjarra Festival presented by Fuel to Go and Play has been announced.

On the main stage, a stellar roster of local performers will entertain around 20,000 festival goers on the Western Australia Day Long Weekend. Acts included:

- The Godlemans
- Tracey Barnett
- Michael Ward
- Midnight Rose
- Ukendoit
- Mel and the Misfits



Supporting the live music is a troupe of roving performers as well as 100+ market stalls, free kids' activities, displays, workshops, and amusements. Vintage car and machinery displays, delicious food and drink options and a host of creative and arts-based displays round out a bustling weekend of entertainment with more musical acts to be announced.

Murray's largest, free community event, will fill the grounds of the iconic Edenvale Heritage Precinct from 10:00am to 4:00pm on Saturday 3 and Sunday 4 June.

Shire President Cr. David Bolt said, "The Pinjarra Festival is a celebration of our community's unique history, and vibrant culture. This annual event brings together locals and visitors from far and wide to enjoy a range of activities."

"We are proud to host an event that showcases the best of Pinjarra and the Murray region. We look forward to welcoming you to the Pinjarra Festival and invite you to join us in celebrating all that our community has to offer."

For further event information, visit www.pinjarrafestival.com.au or follow @PinjarraFestival on Facebook and Instagram. This event is proudly supported by Healthway, Lotterywest, Alcoa, Doral, Tourism WA, Bendigo Bank Community Branch Pinjarra, Act Belong Commit, Cleanaway, and the Shire of Murray.

Pinjarra Services

Bus Service

Route 600 Mandurah—Pinjarra Via Pinjarra Rd 604 Mandurah—South Yunderup Via North Yunderup

Timetables available at: Pinjarra Community Resource Centre, News Agency, Shire of Murray and the Library.

Taxi: 13 10 08 RAC Service: 13 11 11 Pinjarra Police: 13 14 44 Mandurah Crime Prevention: 0418 948 809 Murray Hospital: 9531 7222 Shire of Murray: 9531 7777 Public Library: 9531 7712 Recreation Centre: 9531 2000

Churches

Murray Bible Baptist: 9537 7248 Pinjarra Alliance: 9531 3173 St Augustine Catholic: 9531 1227 Anglican Church: 9531 1248

Bridge Christian

Fellowship: 9531 3034 Uniting Church: 9531 2296

Freemason:

The Peel District Day Lodge Meets on the first Thursday of the month at 9:15am. Enquires to the Secretary: Kevin St Jack Tel. 9582 5194

Rotary Club Pinjarra

Meets each Thursday at 6:15pm at the Pinjarra Golf Club



Pinjarra RSL Sub Branch

President: Les Giles 0407424561 presidentprsl@westnet.com.au Secretary: Sue O'Donnell 0478636732 pinjarrarsl@westnet.com.au



CWA Coolup Branch

Meets 2nd Monday of each month at 1pm CWA Rooms Coolup Contact Fay on 9530 3268

WERE YOU A NASHO?

National Servicemen's Association Mandurah/ Murray Sub-Branch Members and eligible persons . Contact Secretary 9534 9977 for details.

Answers to Crossword on pg 22

Across

1 June. 3 Fun. 4 Castle. 8 Edenvale. 9 Drink. 11 Labour, 13 Stalls

Down

1 June, 2 Music, 4 Community, 5 Weekend, 6 Icecream, 7 Food, 10 Ponies, 12 Family

AROUND TOWN

ALCOHOLICS ANONYMOUS—Every Monday 7.00pm Health Clinic, Pinjarra Hospital. Phone Dean on 0450 258 076

MURRAY HEALTH GROUP

Tuesday 1pm. Community Health Centre, Pinjarra Ph: Rae 9581 2040

MURRAY DISTRICTS PLAYGROUP

Monday & Wednesdays 9.30-11.30am during school term. Visit https://www.facebook.com/ murraydistrictsplaygroup/ for more details.

MURRAY TOY LIBRARY

Open during school term every 2nd Saturday 9.30—11.30am and the 1st Wednesday of the month 9.00—10.30am. Phone: Kelly Higgins 0417 927 015

COOLUP CRAFT SOCIAL GROUP

Wednesdays-9.30am CWA Rooms Ph: Maxine 0488991347

PINJARRA BOWLS CLUB

Dixon Avenue, Pinjarra Ph: 95311840

DWELLINGUP TRAILS AND VISITORS CENTRE

Marrinup Street, Dwellingup.

Ph: 9538 1108

Email dtvc@murray.wa.gov.au OPEN 9AM-4PM 7 DAYS A WEEK

COOLUP PROGRESS ASSOCIATION

We meet on the 1st Thursday of each month at 9am in the Coolup Hall.

Contact: Bev Alexander 0407 381 281

FRIENDS OF MURRAY DISTRICT HOSPITAL

Meets the 1st Wednesday of the month in the Murray District Hospital Board Room at 2pm.

Ph: Ailfa Boekhorst 0439990241

PINJARRA HORSE & PONY CLUB

Rallies each month Equestrian Centre, Coolup. New Members Welcome www.piniarrahpc.net for enrolment details

Find us on Facebook

PINJARRA PATCHWORK & QUILTERS CLUB

Old School House Edenvale Phone: 95311026 Open 10am—3pm Daily Great display of hand made items for sale **New Members Welcome**

NORTH YUNDERUP COMMUNITY ASSOCIATION

General meetings 3 monthly, all welcome. Members notified via Facebook Hall at 45 Culeenup Road available for hire - discounts for members Contact Linda: 0409 687 926. lgregory@iinet.net.au

AROUND TOWN

ROGER MAY MACHINERY MUSEUM

Men interested in becoming a part of this group of valued Volunteers can phone 95317777

PINJARRA SWIMMING CLUB

Interested persons can contact treasurer@pinjarraswimmingclub.com.au

Or visit www.pinjarraswimmingclub.com.au

PINJARRA ARTS HUB

Edenvale Complex, Pinjarra Weekly classes & groups, Workshops Craft Val Emmerson on 0409 061 989 Email: murrayartslink@gmail.com

MURRAY DISTRICT HISTORICAL SOCIETY

Old Schoolmaster's House, Edenvale Precinct. Open Friday, Saturday, Sunday 11am - 3pm Committee meets monthly on the 3rd Wednesday of the month.

Community Meetings are held bi-monthly on an arranged date.

Home of the Local History Library

Contact person: Anne Cubitt – Secretary

mdhspinjarra@outlook.com

MURRAY HOUSE RESOURCE CENTRE

Registered Training Organisation Training and Safety Specialists Ph: 9531 2298

Email: admin@mhr.org.au

PINJARRA CRC

Ph: 9531 2298 Email: admin@mhr.org.au 14 James Street, Pinjarra.



PINJARRA NETBALL ASSOCIATION

Toni Bennett - President Didi Deslandes - Registrar

Email: pinjarranetballassociation@gmail.com New Members Needed and Welcome

PINJARRA MEN'S SHED

A TON Office number 0419827554 MEN'S SHED Email contact@pcms.org.au Open 9.00am to 1.00pm Mon-Sat

COMBINED PROBUS OF MURRAY DISTRICTS

Meetings—2nd Tuesday of the month Pinjarra Bowling Club—9.00-11.30am Contact—Secretary: murrayprobus1999@gmail.com



Murray District machine knitting group, meet at the West Murray Community Centre every Wednesday morning nine till noon, CONTACT 95929808 or 0403983371

The Peel Slot Car Club

PeelSCC@yahoo.com, or contact Shayne on 0437168776 or Paul on 0497874689 for more information

"Your Local Connection"

LOCAL MARKETS

DWELLINGUP MARKETS

Located at CWA hall. 3rd Sunday of the month.

9am - 1pm

Great variety of stalls

For more information call Bev 9538 1151 or Colleen 0438 916 719

BODDINGTON MARKETS

1st Sunday of the month, 8am-11am, Boddington Old School Oval. Phone: 9883 8246

HOTHAM VALLEY TOURIST RAILWAY TRAIN RIDES - Dwellingup

Every Saturday and Sunday 10.30a and 2pm Restaurant Train every Saturday 7.30pm Trains run 10.30am and 2pm every weekend, all year.

During winter (May to October) the Sunday service is the Steam Train.

Restaurant Train operates every Saturday, departing at 7.30pm

All services are operated by volunteer members.

Book on line:

www.hothamvalleyrailway.com.au Enquiries: 6278 1111 (9am to 5pm Monday to Friday)

PINJARRA CRAFT GROUP

Tuesday 10am—1pm Anglican Parish Hall Phone Jennifer 9531 1928

PINJARRA COMMUNITY GARDEN INC.

Open Fri and Sat 9 - 12.

You can find us at Lot 362 Pinjarra/Williams RD, Pinjarra. (carpark for Hotham Valley Railways) John Bodycoat 0411984271

Venue hire available

John.bodycoat@fairbridge.asn.au

PINJARRA RED CROSS

Pinjarra Red Cross are looking for new volunteers to help with our Trolley service at MDH group monthly meetings. Please contact Cherle on 0437807893

Lions Club—Pinjarra

Lions Club of Pinjarra [Inc.] meet on the first and third Tuesday of each month. 6.00pm for 6.30pm Enquiries: Les Hill - 9586 1749 -



Margaret Halford - 9531 1137 - 0481 880 072 mhalford138@gmail.com



Chairperson: Roger Watson 0412 930 031 Secretary: Ian Cooke: secregi@iinet.net.au Committee meet every 2nd Tues of month General meetings 2nd Tuesday in February, June & October 7pm Edenvale Homestead Meeting Room Pinjarra,. All residents welcome to atten

www.ravenswoodcommunitygroup.org.au

OLD BLYTHEWOOD

Built in the 1860's overlooking the Murray River, South West Highway, Pinjarra. Open for viewing. Small entry fee applies.

Phone: 9531 1485.

Saturday 10.30am to 3.30pm Sunday 12.30 to 3.30pm

PINJARRA VOLUNTEER WALK GROUP

MONDAYS

SUMMER 8AM FIRST WEEK OF DECEMBER WINTER 9AM FIRST WEEK OF APRIL WE MEET AT THE DOME FOR ALL WALKS

NO FEES ARE TO BE PAID

ALL WALKERS MUST TAKE RESPONSIBILITY FOR THEMSELVES AND SHOULD MAKE SURE THEY ARE FIT AND WELL BEFORE UNDERTAKING THESE WALKS

For Enquiries please phone Anna on 9531 1149

Pinjarra Golf Club 08 9531 1252

BINGO has resumed!! Please call for details

BEDINGFELD LADIES AUXILARY

VOLUNTEERS NEEDEDThe Auxiliary meets at the Bedingfeld Aged Care Facility every 3rd Tuesday of the Month.

Phone: Joy (President) 9531 1867 Alice (Secretary) 95304186

Murray Aquatic & Leisure Centre (MALC)

16 Camp Road, Pinjarra Tel 95312000 www.themalc.com.au

Open 7 Days a week

(Mon-Thurs 6am-7.30pm, Fri 6am-7pm, Sat 8am-2pm, Sun 9am-1pm, MALC 24/7 Gym open 24/7)

Heartspace Womens Support Group.

Wednesdays 9.30am-1.30pm Pinjarra Community Garden details Tanya Langford 0402 386 761

PINJARRA FAMILY CHURCH

Friendship Restoration Empowering **E**auippina

289 Wilson Road

Service time: Sunday 10-11.30am

Followed by free morning tea

All warmly welcome

Daily Bread R Us Community Care: Wednesday 10-1pm

Office hours: Mon & Wed 9-3pm Youth group, Ladies & Men's groups

For more information: Ps Sheryl

Gangell

Senior Minister 0424239367



Contact Secretary Christine Ph 9537 6543

www.u3amandurah.org.au



Sailing every Wed. & Sat. 1pm. Austin Lake, Inlet Blvd. South Yunderup

All welcome, boat available to try. Austinlakesradiosailing@gmail.com Contact. Dave 0403 063 148

PINJARRA MARKETS AT EDENVALE HOMESTEAD

2nd Sunday of each month Sept-May 7am-12pm Twilight Markets, Food Trucks 3rd Saturday of each month Nov, Dec, Jan 5-9pm All enquires 0400310370



Aquatic&Leisure

Play it, Live it, Love it

Located Peel Zoo at Ravenswood Located next to Sanctuary every

Thursday afternoon from 1pm and Sundays from 9am. The club welcomes people of any age to come along and see what activities that the club has to offer. All children must be accompanied by an adult.

Ravenswoodmodelboats.org.au or see our face book page. For further info contact Fred on 0412 312 156

Disclaimer

Advertisements, Advertorial and Community Editorial copy in the Murray Community Newspaper are the responsibility of the Author/Advisor. The views expressed are not those of the Murray Community Newspaper. While the Murray Community Newspaper makes every reasonable effort to ensure that no misleading claims or statements are made, responsibility is not accepted for failure of any product or service to give satisfaction.

PINJARRA CROQUET CLUB

come and join us. Phone Fran on 9530 3369. Winter start time 2pm.

Editor Sonya Fletcher Advertising Sonya Fletcher







South Yunderup

Pinjarra Community Resource Centre is bringing their mobile services to you!!

Thurs 15th June 2023

9.30am-11.30am

Yunderup Sport & Recreation Club Cnr Delta Drive & Sth Yunderup Rd (P) 9531 2298 for more details







We have a range of services attending with us for you to connect with.

Come down with any questions or to access any of the services below













Convict Group



The Convict group from FamilyHistoryWA (Western Australian Genealogy) is researching all the convicted men who came to WA in the 19th century.

The Group is coming to Pinjarra and will be holding talks about the convict era in St John's Church Pinjarra on Sunday July 9 from 11 to 12.30pm.

So far we have found many names of men who worked and/or lived in Pinjarra and will no doubt find more before July. We would be interested to hear from people descended from WA convicts wishing to share their knowledge or seeking more information on their forbear. We hope you can join us. Please look at our website https://waconvicts.fhwa.org.au/

Contact by email convicts.sig@fhwa.org.au Bevan Carter 0481 525 002 or Julie Arrowsmith 0407 081172

Calling all local Active Retirees!



Murray District Probus Club members have a motto: Fun – Fellowship – Friendship.

For 23 years we have been meeting the second Tuesday each month 9.15 to 11.30 to socialise

during a light refreshment time and then listen to an interesting informative guest speaker. Also we endeavor to have a monthly external activity such as visits to educational/scenic/infrastructure sites/ entertainment/restaurants. With currently a membership of around 55, the annual membership fee is only \$30 with a cove charge of \$10 each meeting. This is a non-fundraising global organization whose purpose is to provide interests and contacts to seniors. The venue is the Pinjarra Bowling Club, so if you feel you would like to learn more or give us a try, contact our secretary at

murraprobus1999@gmail.com providing your contact details.



Window Cleaning

Call **John** for a no obligation quote and a job done properly on **0444 537 064**

.

Winter is upon us along with cold nights and mornings. One of our members has suggested a new program for our club, 'Pyjama Drive', and all members agreed what a great idea. Over the next month or so we will be seen in Pinjarra Junction Shopping Centre collecting new pyjamas sizes 1 – 14 boys/girls for those in need. Pinjarra Lions Club will be starting of with \$300 worth of pyjamas to get the ball rolling. More to follow on this subject next month. For more information contact Marlene Hinkley on 0419 657 365 or email frognanna52@hotmail.com

Pinjarra Lions recently donated \$500 towards farrier costs to the RDA Mandurah Murray Group. Pictured is President Steve Lee with Wayne and Dianne Beardmore presenting the donation. We will be making this donation on an annual basis. If you have a group in need on funding please do not hesitate to contact us via email hillie1@bigpond.com. You may even like to come along to a meeting as a guest speaker as Wayne and Dianne did.

Recently our members voted to change our Meat Raffle costs in line with inflation. We have increased the price of a ticket by 50% to \$3 and changed the value of meat 100% to \$200.



Mays raffle was received well with sales actually improving. Thank you for your continued support.

As of June 20 our new Board of Directors takes over with Allan Fitzgerald becoming President and myself, Sue Hill, taking on Secretary again. At this stage we do not have a Treasurer so if you are wanting to join our club and take on this position you will be welcomed with open arms. We have quite a few upcoming projects and with this new Pyjama Drive we will be kept busy. If interested in joining please contact myself or Les on 9586 1749.

On a sad note, someone has not only taken our cans and bag but have now taken our can cage from the Recycling Shed. We would appreciate it returned.

Keep warm and safe all. Sue Hill PR Lions Club of Pinjarra (Inc)







Flu season is upon us and If you have not yet had your flu shot for this year it's not too late, we are providing vaccinations in store and you can easily book online at **terrywhitechemmart.com.au**. Pharmacists are qualified to immunise children 5 and above, providing further convenience in getting the whole family immunised. Also with the threat of corona virus still present, now more than ever it's important to get your annual flu shot. The government is now recommending a fifth COVID shot and we are seeing great demand in store. Speak to our pharmacist on your eligibility, you may also receive flu and COVID shots on the same day.

Flu shots, good hygiene, healthy eating and regular exercise are the best ways to avoid cold and flu. But sometimes even the healthiest of us might get the dreaded flu!

It is important to remember traditional cold and flu tablets only relieve symptoms that are present. Contrary to many beliefs, they will not nip a cold in the bud, cure the cold or prevent you from catching one in the first place. We do however have herbs and supplements available which can cut the severity and duration of the common cold. These can also be taken as preventative medicine to help boost your immunity and cut your chances of getting a cold in the first place. Here is a summary:

Vitamin C

Vitamin C supplement is a potent antioxidant, which is beneficial to help protect against the harmful effects of free radicals. It reduces the severity of symptoms and duration of colds. It also helps maintain a healthy nervous and immune system.

Echinacea

Echinacea has been shown to support the immune system by increasing the number of white blood cells. White blood cells are involved in defending the body against foreign micro-organisms. Echinacea also stimulates a group of immune system cells called phagocytes, which engulf and digest bacteria or other foreign bodies.

Zinc

Zinc works by interfering with the ability of rhinoviruses, which are responsible for about 80% of all colds, to reproduce. It also blocks their ability to dock on cell membranes and cause infection.

Andrographis

Andrographis supports healthy immune function, healthy respiratory system function and promotes healthy liver function. It is also a potent stimulator of the immune system. I liken this to the closest you can get to antibiotics without seeing your doctor. It is an amazing herb with clinically proven prophylactic properties.

Flu Season

Horseradish

Horseradish has been traditionally used in herbal medicine for the relief of mild respiratory tract infections, such as the common cold. The pungent compounds, the mustard oils, found in horseradish are thought be the constituents which give it the traditionally recognised decongestant effect.

Garlic

Garlic has traditionally used for the relief of hayfever, coughs, colds, mild flu and rhinitis. Garlic contains sulphur compounds which are concentrated in the bulb. These sulphur compounds include alliin, a sulphur-containing amino acid. Alliin is responsible for many actions of garlic.

Ginseng

Ginseng is a traditional Chinese medicine that is proven to be successful at reducing the number and severity of colds. It also improves stamina and stress resistance. It enhances the body's ability to endure physical strain, resist disease and increase metal sharpness.

Turmeric

The biologically active or medicinal compound of turmeric is curcumin. It has many medicinal properties, which include antioxidant, anti-inflammatory and antimicrobial properties.

It also possesses strong antiviral properties that have a direct effect on the flu. It decreased viral replication in infected cells and also protects other cells from becoming infected.

Pinjarra Chemmart Pharmacy offers a range of vitamins and supplements to keep you and your family in excellent health all year round. Come and speak to the friendly staff at Pinjarra TerryWhite Chemmart for tips and advice to stay healthy this winter!

Regards,

Rob, Yang & Rebecca

TerryWhite Chemmart Pinjarra

27 Forrest St, Pinjarra

9531 2436



Pinjarra Patchwork & Quilters



Pinjarra Patchwork & Quilters have members who love to make Quilts as well as Lap Quilts, Table Runners, Place Mats, Handbags, Wall Hangings, of all various designs.

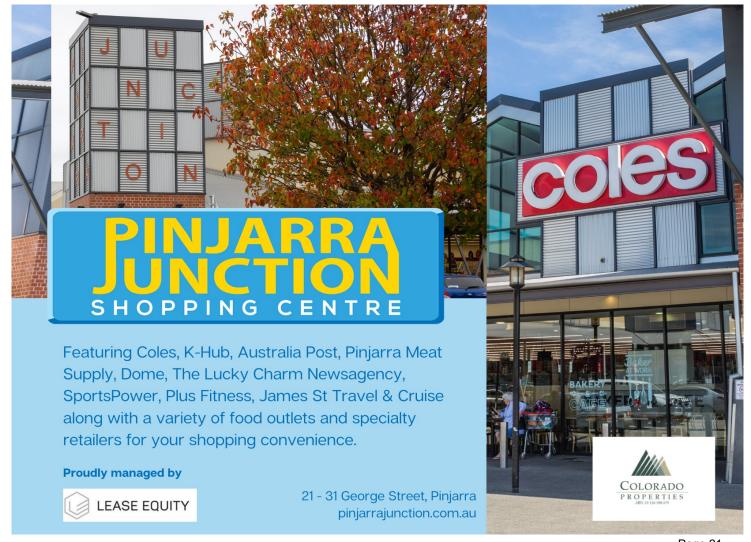
On the 3rd & 4th of June is the Pinjarra Festival. We are running a raffle that will be drawn on that weekend, 1st Prize is Queen size Quilt, 2nd is a Lap Quilt & 3rd carry bag with accessories

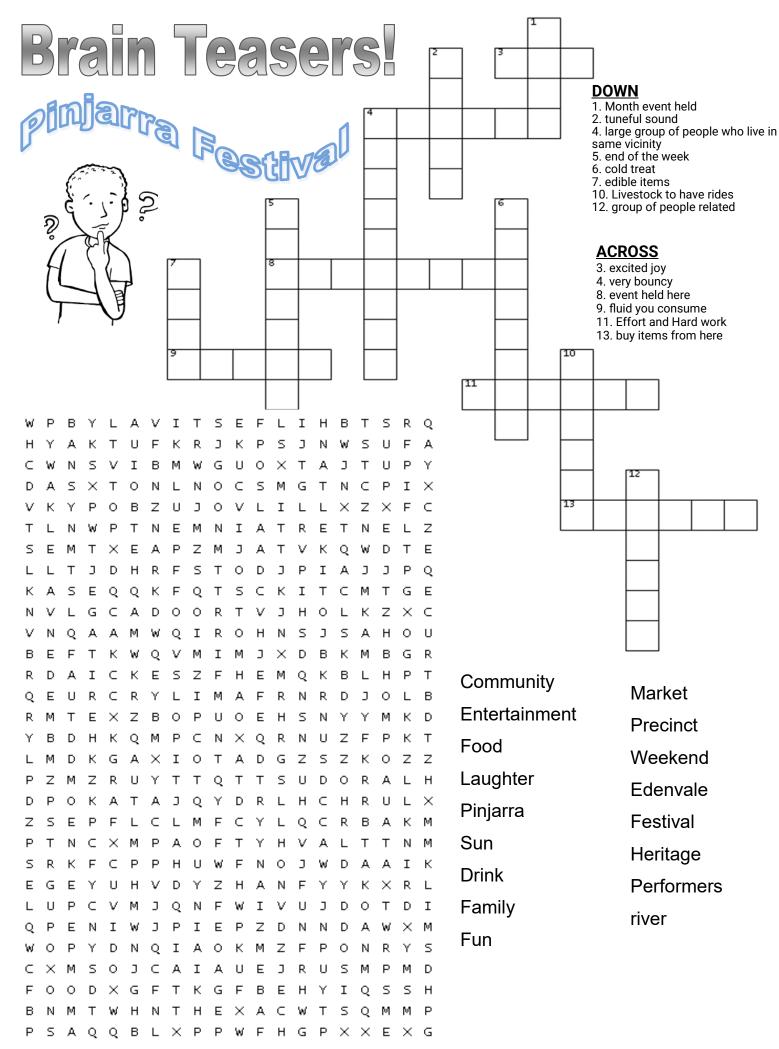
Our building is the Old School House where we do our craft and we are happy for you to come and watch our members making their items.

PINJARRA PATCHWORK & QUILTERS

1 Henry Street

Phone 95311026





Pinjarra Community

Men's Shed



Hello to everyone, our monthly newsletter seems to come around so much quicker each time but that just lets us all know that the year is moving on fast and we will be saying Merry Christmas before you know it.

Firstly, we recently had a health and well being talk at the Shed and an educator from Men's Regional Health delivered a very informative talk on men's health issues from heart, kidneys, prostate, and including the ability to talk about these issues as well as the mental effects of these problems for people and their carers. This talk was well attended with 19 people who have returned very positive feedback so it is intended to have more of these education sessions which help to improve physical and mental wellbeing. A scrumptious morning tea was provided which afforded the opportunity for everyone to chat over a cuppa and share their various concerns and issues.

In the shed itself, the guys have been busy making all sorts of different items, some for the shed and some personal work for themselves. Our latest project is our Nissan one tonner flat deck ute which is destined to be spruced up to bring it back up to scratch. We have members who are experienced in various areas of vehicle restoration who are capable of making it look smart and run well.

Our wood working area is always a hive of activity from making pens, wooden bowls, long arm shoehorns, children's toys & timber/resin cutting boards, just name a few. So for that person who has everything you might find the perfect hand made gift at our Shed.

Our shop at Pinjarra Junction Shopping Centre is moving on now after a brief teething issue and hopefully we can get the trains running on time. We also have a 2.7 metre scale model of the Titanic on display which has the side removed for observation of miniature people and the complete internal fit out including engine room and boilers. So anyone who might be interested please feel welcome to come down to the shopping centre where you'll find our members working on setting up the model railway.

The annual Pinjarra Festival is looming up very quickly and the Men's Shed will be there with a myriad of handmade items ready for purchase. We will have some model cars, buses, and train carriages for sale that are surplus to our needs so to all you collectors, be early or call into shop 44 at the shopping centre.

Our BBQ breakfast is still a big hit on Saturday mornings but due to rising costs the charge is now \$3 per member & \$4 for non-members but it is still a bargain with the choice of bottomless tea n coffee, toast, sausage, onion, bacon and egg. Our breakfast is a great opportunity to enjoy the company of others, socialise over a cuppa and share ideas and opinions. The BBQ is fired up at 9.00am for a 9.30 kick off.

The recycling bin hasn't been used as much as it was so please don't forget that everyone can donate their cans, bottles & milk cartons in our bin located at the north end of our Shed beside the fence and we thank you very much for your support.

Winter is almost upon us, the weather is cooling down so to keep warm we will be producing fire logs from compressed sawdust and shredded paper which will be available for sale soon. These will be made into short logs which will burn for a long time.

I hope you are all well and for those who are not we wish you a speedy recovery. Be kind to each other and remember we are at the Shed if you have nothing to do and fancy getting involved, or just pop in for a chat and a cuppa.

Regards

Chairman Jim Salmon

This could be working for you!!

This space is available for local business advertising. Please contact the friendly team for details on pricing 9531 2298 or admin@mhr.org.au



HOTHAM VALLEY RAILWAY

Telephone: 6278 1111 Fax: 6278 3660 Web: www.hothamvalleyrailway.com.au

Email: hvr@hothamvalleyrailway.com.au

JUNE 2023 TIMETABLE

TRAINS DEPART FROM DWELLINGUP STATION

1 Marrinup St, Dwellingup

Day	Date	Service	Departure
Saturday	3 June	Forest Train	10.30am and 2pm
Saturday	3 June	Restaurant Train	7.30pm
Sunday	4 June	Steam Ranger	10.30am and 2pm
Monday	5 June	Forest Train	10.30am and 2pm
Saturday	10 June	Forest Train	10.30am and 2pm
Saturday	10 June	Restaurant Train	7.30pm
Sunday	11 June	Steam Ranger	10.30am and 2pm
Saturday	24 June	Forest Train	10.30am and 2pm
Saturday	24 June	Restaurant Train	7.30pm
Sunday	25 June	Steam Ranger	10.30am and 2pm
Saturday	1 July	Forest Train	10.30am and 2pm
Saturday	1 July	Restaurant Train	7.30pm
Sunday	2 July	Steam Ranger	10.30am and 2pm
Wednesday	5 July	Steam Ranger	10.30am and 2pm
Saturday	8 July	Forest Train	10.30am and 2pm
Saturday	8 July	Restaurant Train	7.30pm
Sunday	9 July	Steam Ranger	10.30am and 2pm
Wednesday	12 July	Steam Ranger	10.30am and 2pm
Saturday	15 July	Forest Train	10.30am and 2pm
Saturday	15 July	Restaurant Train	7.30pm
Sunday	16 July	Steam Ranger	10.30am and 2pm



Live in your Element

Kubota's lifestyle range of compact tractors, mowers and RTV's are designed to make light work of all your residential tasks. Delivering high performance and reliability on demmath, you'll be living in your element with Kubota.

SHAPING AUSTRALIA



59 South Western Hwy Donnybrook | (08) 9731 1000 WWW.AGTRAC.COM.AU

Hotham Valley Railway Happenings

After previously mentioning the heartbreak to members and costs involved in repair work the Railway has again been hit some senseless vandalism in the way of graffiti. Several carriages at Dwellingup have recently been targeted with extensive graffiti. Not only will this need members to spend many additional volunteer hours removing this work and involve a financial cost which is diverted from maintaining and operating the train services.

On a brighter note it was with much joy that the first Steam Ranger service operated on 7 May. All went well thanks to effort put in during the off season to ensure Locomotives operated and rollingstock was in order. Some 26 members attended on the Sunday to undertake the many and varied tasks with operating the service. Tasks ranged from on board staff, loco crew to fire patrol.

It is a credit to the dedication of members as of the dozen or so required for the Saturday Forest Train six of them doubled up with another shift on the Sunday. Many thanks for their effort which has been acknowledged by feedback received via telephone calls, emails and facebook.

Some of the additional work required before the Steam got underway was the replacement of the Staff Cabin at Isandra which was stolen during last year. A suitable seatainer was sourced and put into place at Isandra. Also with the transfer of Pinjarra operations to the eastern side of the precinct it was necessary to transfer some work to Dwellingup. This was in the form of coal bagging for the Locomotive. Consequently, the bagging station had to be removed from Pinjarra to Dwellingup as there was not suitable area at Pinjarra.

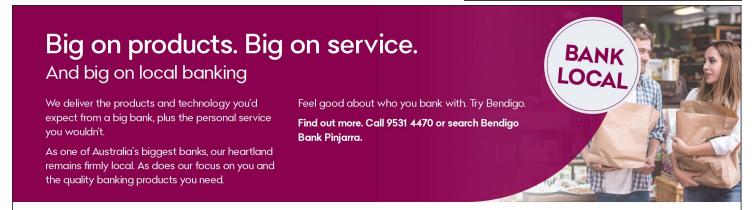
Our AGM was held on 28 April at which President Brett stood down and did not seek re-election after completing some six years in the role. His replacement is Ian Willis with another three new members, Carol Camplin. Andrew Renouf and David Gray joining the board to fill other vacancies. All three have a keen interest in the Railway and a skill set which will help manage the railway.

On line bookings are now available for Forest, Restaurant and Steam Ranger Services. This are filling fast so make your booking early to avoid disappointment

Bookings: www.hothamvalleyrailway.com.au Telephone enquiries: 6278 1111 (M to F 9am to 5pm)



Coal Bagging Station, Dwellingup





Community Bank Pinjarra

Murray Districts Historical Society





Located at the Old Schoolmaster's House, Edenvale Heritage Precinct, Pinjarra. Our volunteers are there to greet you on Fridays, Saturdays and Sundays from 11 am - 3 pm, or by appointment.

The aim of the Historical Society is to research, collect, maintain and share stories of the Murray District that stretches from North Dandalup to Coolup, from West Murray to Dwellingup – and including the vibrant town of Pinjarra. We have a well maintained local history library, interesting displays and a large collection of photographs, documents, and display books.

We also have a strong membership of enthusiastic people and are always looking for additional members to join us. If you have a love of history, in particular of the Murray District, or if you have information to share, please visit us. And if you like what you see, consider becoming a member of our group. Our general meetings with a guest speaker are open to visitors. Other events, including bus trips, are usually restricted to members. All visitors are welcome to browse our collections during our 'open' hours or by appointment.

A Point of Interest ... Who was Richard Andrews – Born 1826?

Born about 1826 and, at the time of death, nudging 21 years of age.

Richard was a Parkhurst Boy, a juvenile immigrant who had served a custodial sentence on the Isle of Wight for a minor offence. The thinking of the day was to send these lads to the Colonies for a new start in life on the land. His original calling in life was to be a tailor. He arrived at the Swan River Colony, October 1843 via the "Shepherd" and was assigned to Mr Cornish and Mr Clewlow at the Murray.

On the 12th of April 1847 a Lad named Richard Andrews (one of the Parkhurst boys), was sent to Mr. Oakley's establishment at Pinjarra with a cart drawn by two Bullocks, the property of Messrs Oakley and Clewlow, for a cask of Molasses, being, we are assured, perfectly sober.

About two miles above Mr. Tate's house is the far-famed Pinjarra, a most excellent farm of Mr. Oakley's, who also keeps a comfortable inn and store there conveniently near the ford on the Murray River as there were no bridges at that time. McLarty's and Oakley were set up to catch the passing traffic.

About 3 O'clock, when he got to a place named Tate's Brook, the cart was upset, and one of the wheels and the side of the cart were found on his head and shoulders. An enquiry was held by the Resident Magistrate, when the surgeon of the district stated that the poor lad's neck was dislocated. He had borne the highest character for honesty and integrity, and is deeply lamented by his employers.

Article submitted by Merv Beacham

Excerpts from:

Inquirer Newspaper Perth page 3. 14/4/1847 per TROVE NLA. https://www.wikitree.com/wiki/Oakley-2166 Trove.com Various newspaper articles. Metropolitan Cemetery Board records.

https://portal.mcb.wa.gov.au/name-search/ns-detail/?id=cc406f27-9c1d-ec11-b6e7-00224814c3d1

Coming Event – Diary Notes:

Pinjarra Festival – 3rd & 4th June 2023 (10am - 4pm daily)

The Shire of Murray's biggest public event of the year, the Pinjarra Festival is back for 2023.

To be held once again on the beautiful grounds of the iconic Edenvale Heritage Precinct

10am – 4pm daily on Saturday 3rd and Sunday 4th of June during the WA Day long weekend.

On that weekend the Murray Districts Historical Society will also be open from 10am - 4pm so come along and enjoy soaking up the history displayed at the Old School Master's House near the Heritage Rose Garden and St John's Church.

Waldeck Reunion - 28 October 2023

Old Yacht Club

Victor Adam Park - Halls Head Parade, Mandurah

11am to 3 pm





Recommend attending the event as the Waldecks have an incredible connection with the descendants of the Swan River Colony immigrants. Norma King started the pin wheel family tree then it got modified. I hope to supply a different format set of trees by splitting up in the descendants of each of the children as my computer cannot handle the whole tree at once, 8 generations equal 476 A4 pages portrait format or 346 landscape format.

(Article submitted by Mervyn Beacham)

Note: There is more to read on our Local History so do come along to the Murray Districts Historical Society and see what is available.

Follow our monthly articles in the Community Newspaper for more information about the history of Pinjarra and the heritage buildings of the Murray District. And we always welcome any stories or photos you are willing to share with us.

Visit us to view our current photographic displays:

- ANZAC Display
- Coolup Farms and Families
- Coolup Sports and Social
- 1834 Massacre Pinjarra
- Alcoa
- North Dandalup

For more photos and stories of the rich history of the Murray, look at our Website http://www.murrayhistory.org.au/home or visit us at the Old Schoolmaster's House within the Edenvale Heritage Precinct.

Like us on Facebook

And we welcome new members.

For information about the Murray Districts Historical Society, its membership and its activities, please contact Anne Cubitt – Secretary mdhspinjarra@outlook.com

For assistance with research or general questions about local history contact Merv Beacham on 0417 986 838 or Val King on 0458 673 608





GREEN HOUSE REALTY

GREEN HOUSE REALTY

Buying, Selling, or Renting?

Speak to the local experts!

Like our Facebook page for your chance to win

GREEN HOUSE DOLLARS



And other great prizes!

www.facebook.com/greenhousepinjarra

"Get the Green House Realty Effect... SOLD!" Ph: 9531 1444

> 7 George Street, Pinjarra www.greenhouserealtypinjarra.com.au

SAVE 50% OFF RRP...

MAX FACTOR & REVLON COSMETICS RANGE

REVLON







+Conditions apply. See in store for details, coThe percentage savings shown are calculated to the nearest 5% of the actual saving. *Savings listed are calculated from suppliers recommended retail price (RRP) at the time of preparation and not necessarily previous in-store price. Due to our competitive pricing policy we may not have sold at RRP.

On sale Thursday 1st June until Tuesday 20th June 2023.



27 Forrest St Pinjarra,WA 6208 **P:** 9531 2436

Mon – Fri 8:00am to 6:00pm Sat: 8:30am to 5:00pm Sun: 8:30am to 1:00pm

WE ARE OPEN 7 DAYS!

Dedicated to Care